Junior School Sport

Basketball
Basketball has begun for all our PC teams playing at the basketball Stadium on Thursday afternoons. Training continues on **Wednesday mornings 7.15am** see you there. Please remember to be on time to training session and games, a lot of girls are arriving late and this is causing problems for coaches and their team.

At training our girls had the privilege of training with a Perth Lynx legend and the Vice Captain, Sami Whitcomb. The girls had so much from learning and playing alongside this basketball legend and what an incredible opportunity...Thanks Sami!
Volleyball Clinics Moday Afternoon

Volleyball clinics for our Year 5 and 6s have begun...please see flyer at the end of the newsletter for details. Sessions will be at the PC Gym on Monday afternoons 3.30pm-4.30pm.

Soccer Clinics Friday Morning

Soccer clinics with our resident soccer expert, Tanya from the Matildas, have begun on Friday mornings, at PC Oval 7.15am.
Swimming Training Year 6

All year 6s are invited to attend Swimming Training with our SS squad. Sessions are:

Monday and Tuesday afternoons  3.30pm-4.30pm PC Pool
Thursday and Friday mornings    6.30am-8.00am prompt PC Pool
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<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Volleyball Clinics</td>
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<td>7.15am</td>
<td>Basketball Comp</td>
<td>Tennis 7.15am-8.15am</td>
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<td>Yr5-6</td>
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<td>Basketball training years 3-6</td>
<td>@Basketball Stadium</td>
<td>PC Courts Yr4-6</td>
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<td>3.15pm-4.30pm</td>
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<td>Soccer Clinics 7.15am-8am</td>
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<td>PC Gym</td>
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Volleyball Specialist – Rachelle Brammer

INVITES

Year 5 and Year 6 Perth College girls to experience her knowledge, skills and passion for the game.

Rachelle started playing Volleyball when she was 14, and has represented and captained her country, state, club and school over this time. We are extremely fortunate to have an elite coach like Rachelle available to deliver these sessions. She has six years of state level coaching experience and for five of those she has played an instrumental role coaching in our senior school IGSSA competition.

Soccer Specialist – Tanya Cxtoby

INVITES

Year 5 and Year 6 Perth College girls to take on new this incredible opportunity.

I was the inaugural captain of the Perth glory women for the first four seasons of he Westfield W-

| When – Monday 3.30 pm – 4.30 pm |
| Where – Perth College Gymnasium |
| Duration – Weeks 3 – 7 Term 4 |

**Pick up location – Outside the Senior School Gymnasium on Lawley Crescent at 4.30 pm. Any girls not picked up by 4.40 pm will be taken to Homework Club.**

**If you are interested in coming along please email Ms Caple at naomi.caple@pc.wa.edu.au or come ready in your PE sports uniform next Monday 26 October.**
overseas in the women's super league in England with Doncaster Belles and also spent time at Everton FC.

I have coached both here in Perth being involved in Women's state and national training centre programs, before managing Nottingham forest and Notts County FC in England. I returned to Perth last year to be apart of the Perth glory coaching staff as an assistant coach and had a wonderful year with the club.

I'm now currently involved with the young Matilda's (u 20s Australian team) as well as running my own coaching business which provides development and elite programs for female footballers (www.tofc.com.au). I'm currently involved at Perth College running football programs both during and out of school hours.

IMPORTANT NOTICE

As the safety and care of our girls here at PC is of the utmost importance we would like to let you know of procedures in regards to picking your daughter/s up from afterschool sporting activities.

If you are more than 10 minutes late collecting your daughter and she is not at her allocated pick up point with the teacher in charge, girls in Year 3 will be taken to OSHC by a staff member and girls in Years 4-6 will be taken to Homework Club in the Junior School. Unfortunately, there will be a cost incurred for both of these options. This is to save confusion and worry on your behalf if you are ever late or get held up and so all parents and staff know where students will be at any given time.

When – Friday 7.15am – 8am
Where – Perth College Gymnasium
Duration – Weeks 3 – 7 Term 4

If you are interested in coming along and have any questions please email Ms Caple at naomi@pc.wa.edu.au or come ready in your PE sports uniform next Friday 30 October.